GOOD FOOD
GOOD MOOD

PENTALOUNGE MENU

ONLY AVAILABLE SAT & SUN

FETA SALAD
(gluten-free)
cucumber, tomatoes, red onion, Kalamata olives, feta cheese, olive oil, red wine vinegar, oregano.
Kcal 350
£14.00

TUNA AND POTATO SALAD
(gluten-free)
boiled potatoes, flaked tuna, olive oil, lemon juice, onions, capers
Kcal 350
£12.00

COUS COUS SALAD
cous cous, diced cucumber, tomatoes, red onion, mint, lemon-olive oil dressing
Kcal 420
£11.00

SPANISH BEAN STEW WITH PEPPERS & KALE
cannellini & butter beans in tomato sauce, red & yellow peppers, kale, rustic bread
Kcal 492
£16.00

BUTTER CHICKEN CURRY
a Murgh Makhani made with traditional spices, tomatoes, cream, chicken breast, served with rice
Kcal 632
£18.00

PORTOBELLO MUSHROOM RISOTTO
(gluten-free)
creamy risotto, Portobello mushrooms, lemon, sage butter, served with mixed leaves salad.
Kcal 690
£16.00

TERIYAKI SALMON NOODLES
salmon fillet, egg noodles, broccoli, teriyaki sauce with mange tout & baby corn, sesame seeds
Kcal 337
£17.00

SPAGHETTI BOLOGNESE
Bolognese sauce with minced beef and pork, regato cheese, herbs
Kcal 1243
£12.00

PIZZA MARGHERITA
tomato sauce, mozzarella
Kcal 998
£14.00

PIZZA PROSCIUTTO
tomato sauce, mozzarella, prosciutto, parmesan
Kcal 1173
£16.00

PIZZA SALAMI
tomato sauce, mozzarella, salami
Kcal 1035
£17.00

DESSERT

WARM CHOCOLATE FONDANT
(gluten-free)
Chocolate sauce and vanilla ice cream
Kcal 598
£9.50

BAKED COOKIE
Vanilla ice cream and chocolate sauce
Kcal 749
£8.00

BANANA STICKY TOFFEE PUDDING
vegan banana sponge, toffee sauce, coconut ice cream
Kcal 434
£8.00

FINISH WITH A BANG!

Vegetarian
Vegan

Our dish descriptions may not include every ingredient.
Should you have any concerns about food allergies, let us know and we will do our best to help.
Adults need around 2000 kcal a day.

PENTA HOTELS