



EAT BETTER NOW.

STARTERS & SALADS

CAESAR SALAD 10€

romaine, homemade dressing, parmesan, wholemeal croutons and anchovies
(add chicken) 5€

CHICKEN WINGS^{A, B, C} 9€ / 11€

BBQ or extra hot

NACHOS^C 8€

melted cheese, sour cream, guacamole, salsa

SEASONAL SOUP OF THE DAY 6€

PIZZA, PASTA & SANDWICHES

MARGHERITA 13.50€

tomato sauce, mozzarella, and oregano

PROSCIUTTO E FUNGHI 15.50€

tomato sauce, mozzarella, ham, and mushrooms

SPAGHETTI BOLOGNESE 13€

parmesan and herbs

CLUB SANDWICH^{A, C} 14€

grilled chicken, bacon, fried egg and fries

MAIN COURSES & STEAKS

300G FILLET STEAK 32€

SALMON FILLET 20€

fava beans, lentils, baby spinach, lemon butter

LEMON PARMESAN CHICKEN 16€

new potatoes, baby carrots, creamed spinach, parmesan

PENTA BEEF BURGER 16€

PENTA BACON-CHEESE BURGER 18€

B12 VEGETARIAN BURGER^C 16€

100% plant based, mushroom, beetroot, oats, soya protein, herbs

*all burgers served with tomato lettuce, red onion and french fries

SIDES

french fries

fresh steamed vegetables

baked potato with sour cream

side salad



DESSERTS

WARM CHOCOLATE FONDANT 8.50€

vanilla ice cream

CHEESECAKE^{A, D} 8.50€

BAKED COOKIE^D 8.50€ / SHARING 10.50€

vanilla bean ice cream & chocolate sauce

Our dish descriptions may not include every ingredient. Should you have any concerns about food allergies, let us know and we will do our best to help.

^APreservatives ^BArtificial Sweetener ^CAntioxidants ^DArtificial Colours ^EPhosphat

All prices are in Euro and include VAT.

